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One of the hallmarks of Wing Chun is the use of the thumb. During a Tang Soo style training session, students study the movements of their opponent’s thumb and other extremities. Even during an actual fight, fighters try to read their opponents movements to try and predict what is coming next. In another article it is also mentioned that: “Analysis of the videos of the Tong Lam jujitsu matches, summarized by Dr. Kuo Ching-Ming, showed that the hips, the legs, the posture, the stance, and the signature nonverbal actions of the foe were selected more often than chance would permit.” One needs to understand that the need to understand we have no control over anything leads us to different ways of seeing the world and doing things. Flowing, letting go, connecting, returning to my center, understanding my purpose, and walking through the world in fullness despite the constant changes in life is the purpose of this space that we share with you today. When we talk about Wing Chun Kung Fu, we can't but mention Lee Bang Leung (Lee Bong Lei), who was one of the greatest masters of the Wing Chun Kung Fu, passed away a few years ago, from whom I had the honor to receive several times a Kungfu class. One of the reasons for my interest in this Kungfu is that it is simple, quick, linear and intelligent. It can be learnt in a very short time. The simplicity it carries guarantees that Wing Chun is an approachable style of Kungfu. This is true for everyone. If your goal is to achieve big results fast, or in other words, to become a Wing Chun Kung Fu champion, do it, if you do it right. Read the rules. It is possible to teach all the forms to your children in a very short time. It is very simple for the student to reach the intermediate level. This style of Kungfu and these techniques are not fancy, with fancy movements, the focus is on the skills and when this happens, you will make big results fast. In the quarter of the twentieth century, there were very few master teachers of the Wing Chun Kung Fu in the world, as there are today. The Wing Chun Kung Fu Masters that I have met on my path as a practitioner and a teacher have come from different countries, all over the world. If you don't want to become a ring champion, then you need to answer these questions: What can I do with this style? What can I do to be a good fighter? These questions have answers, but not everything. Know your enemy. If you can't fight, then you don't have any weapon to defend yourself... but if you know your enemy, then you will know how to fight. For me, this is the point. Once you have understood the beginning, then you must also know the rules, be able to follow them, and have the knowledge to apply them. I'm not the best, or I don't pretend to be. And that's a fact. I know the Wing Chun Kung Fu, from the beginning to the very end. I've learned it from the books, from the masters and from the Kungfu masters. I've been involved, like a lot of us, in the Ving Tsun, Ip Man, Choy Lay Fut, Jonnie Lawrence and others. I've been a Wing Chun Kung Fu practitioner for almost 25 years and almost 10 years as a teacher and a coach. Some people say that Wing Chun is a spiritual art, but that is not true. It is a Wu Shu (soft and hard) art, in which there are both. I know that Wing Chun Kungfu is not a dirty thing. I am able to work in a clean environment and I am able to work with others with the same approach. If you look for Kungfu, for profit, that does not mean that you want to make yourself and your children king of the street. You want to make money. But if you do it, then you have to go with the rules. Another thing, when you are an adult, you must learn to fight. I learned Kungfu for practice, to train my body and my mind, but I also learned to fight. We all learn to fight in our lives, that does not mean we have to be a violent person. Also, I like this art because it is simple to learn, you can learn in a few years and it is very practical. You can apply it to the street or the street. You can apply it to the gym or the gym. You can apply it to the office or the office. You can do it on the street or the street.

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